

**Respect Wildness... Practice the 7 Leave No Trace Ethics**

- ◆ **Plan ahead and prepare:** Plan your trip carefully. Prepare for extreme weather, hazards and emergencies. Plan for the least experienced member of your party.
- ◆ **Travel and camp on durable surfaces:** Hike single file in the middle of the trail or side by side in areas without trails. Camp in hardened areas only, not in meadows or on vegetation.
- ◆ **Dispose of waste properly:** Pick up all spilled foods and trash. Disperse washing and cooking wastewater 70 adult steps (200') from camps and all water sources. Leave no evidence of your stay.
- ◆ **Leave what you find:** Leave plants, rocks, antlers and artifacts as you find them for others to enjoy.
- ◆ **Minimize campfire impacts:** Fires permitted only in attended fire ring. Use only dead and down wood.
- ◆ **Respect Wildlife:** Use carry-in/carry-out bear resistant food storage canister May 1<sup>st</sup> through October 31<sup>st</sup>. Minimize noise. Avoid lakes and streams at dawn and dusk.
- ◆ **Be considerate of other visitors:** Respect the quality of every visitor's experience.

**EMERGENCIES:** In case of emergency, call Park Dispatch at (970) 586-1203 or 911. Map (over) shows the location of the nearest phone.

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**Site Location:** Sites are in a pine forest across creek on south side of trail. A wood sign indicates the path to the site; the path may be marked by red arrowheads on trees. **Camp safely away from standing dead trees, as near as is safely possible to the silver metal arrowhead.**

Number of Sites: 2

Elevation: 9,040 ft.

Distance: 4.6 mi. from Cow Creek TH  
4.7 mi. from Lumpy Ridge TH

Elevation Change: 1,200 ft. gain from Cow Creek TH  
1,200 ft. gain from Lumpy Ridge TH

Approx. Travel Time: 4 to 5 hrs.

Privy: YES

Water Source: Water is available from creek. Boil or adequately treat all water.

**To Reach the Trailhead (TH):** **Cow Creek TH:** From Bond Park in downtown Estes Park drive 3.5 mi. on MacGregor Avenue/Devils Gulch Road to the McGraw Ranch Road sign. Veer left, stay on the main dirt road and drive *slowly* for approx. 2.5 mi. to the TH. The TH parking is along the road close to McGraw Ranch. Park only in the designated parking area by the side of the road. **Lumpy Ridge TH:** From Bond Park in downtown Estes Park drive 1.5 mi. on MacGregor Avenue/Devils Gulch Road to the Lumpy Ridge TH sign. Turn left and drive .3 mi. to the TH.

